



Sacramento RAC Regional Advisory Committee Agenda



Date	Tuesday, April 16, 2019
Time	10:00 a.m. - 1:00 p.m. (1:00-2:00 informal networking)
Location	Note new location: 3831 North Freeway Blvd. Suite 125, Sacramento, CA 95834. (Large Conference Room in SCDD office). If lost call 916-715-7057.

Pursuant to Government code Sections 11123.1 and 11125(f), individuals with disabilities who require accessible alternative formats of the agenda and related meeting materials and/or auxiliary aids/services to participate in this meeting should contact Kathy Brian at (916) 263-8133 or by email to: kathy.brian@scdd.ca.gov. Requests must be received by 5:00 p.m., April 9, 2019.

- 1) Call to Order, Chairperson, Karen Mulvany (FA) 10:00 a.m.
 - a. Welcome RAC Members & Introductions
 - b. RAC Members: What's your Superpower?
- 2) Approval of RAC Agenda, Karen Mulvany (FA) (action)
- 3) Approval of RAC Minutes, 2/12/2019, Karen Mulvany (FA) (action)
- 4) Brief reports from RAC members on issues in their counties (2-3 min.)
- 5) Public Comment Period
This item is for members of the public only to provide comments and/or present information to the RAC on matters not on the agenda. Each person will be afforded up to three minutes to speak. Written requests, if any, will be considered first.
- 6) Alta California Regional Center update on services, Jason Lindo, ACRC
- 7) Statewide Self-Advocacy Network (SSAN) Report, Lisa Cooley (SA)
- 8) Sacramento Regional Office: Grant 41 Update; Grant 42 Announcement; Self-Advocacy Conference; Supported Life Conference; Statewide DDS Budget Updates; Self-Determination Program Update (Joyce/Lisa); Other regional events/announcements. Sonya Bingaman/Kathy Brian (staff)
- 9) Portrait of Services: State Plan review and input, Sonya Bingaman (staff)
- 10) Review 2019 Meeting Schedule and Agenda items for next meeting (6/4/19), Karen Mulvany (FA) (action)
- 11) Training by Carrie Fischer-Stone, **CalABLE**. Update on ABLE accounts in California
- 12) Adjournment – Karen Mulvany (FA)



Sacramento RAC Regional Advisory Committee Agenda **DRAFT**

Date	Tuesday, February 12, 2019
Time	10:00 a.m. - 1:00 p.m.
Location	3841 North Freeway Blvd. Suite 165, Sacramento, CA 95834

Members Present	Members Absent	Others Attending
Karen Mulvany (FA)	Lisa Cooley (SA) SSAN	Benita Ayala
Brandy Boyd (FA)	Jane Taylor (FA)	April Savila
Joyce McNair (FA)	Sandra Smith – SCDD Representative	Lisa Beauchamp, NICU Family Alliance
Christine Hickey (SA)		Mike, staff to Tyson Whitman
Donnell Kenworthy (FA)		Nicole Mion, Help Me Grow
Jason Lindo, ACRC		Ravita Devi, SCDD Staff
Tyson Whitman (SA)		Kathy Brian, SCDD Staff
Jesana Tran (FA)		Sonya Bingaman, SCDD Staff
Nancy Esparza (SA)		
Glenda Servantes (FA)		
Elaine Linn (FA)		

- 1) Call to Order, Chairperson, Karen Mulvany (FA) 10:00 a.m.
 - a. Welcome RAC Members & Introductions
- 2) Approval of RAC Agenda, Karen Mulvany (FA) (action)
 - 1st Brandy Boyd 2nd Joyce McNair
- 3) Approval of RAC Minutes, 10/23/18 & 12/11/18, Karen Mulvany (FA) (action)
 - 1st Brandy Boyd 2nd Donnell Kenworthy
- 4) Brief reports from RAC members on issues in their counties (2-3 min.)

Joyce McNair- Sacramento County

- Talked about building on attendance for next SDAC meeting March 13th. There will be a presentation on Financial Management Services.
- Self-Determination Train-the-Trainer by Department of Developmental Services (at Alta California Regional Center), Tuesday, Feb 19th, plans to attend with Lisa Cooley.

- Statewide Self-Determination Advisory Committee (SSDAC) February 21st will be substituting for Lisa Cooley.

Donnell Kenworthy - Yolo County

- March 4th at 6pm in Woodland, Swim Movie open to all family and friends.
- Family Voices of California- FVCA is a statewide collaborative of locally- based, parent-run family resource centers working to ensure quality health care for children and youth with special health care needs.
- Who should attend the Family Voice Conference- Parents and caregivers, youth with special health care needs, health care providers, agencies, organizations and advocates, policymakers and staff.
- 2019 Annual Health Summit & Legislative Day. Hear from experts and build relationships with professionals and legislators at the State Capitol. To register, visit fvca2019.eventbrite.com. Location Holiday Inn, 300 J street, Sacramento. Free for families. Questions: Contact Pip Marks: pipmarks@familyvoicesofca.org

Jesana Tran- Colusa/Alpine/Sierra

- Having training on ABA on Feb 20th, Kevin Douglas is the Behavior Specialist.
- Feb 22nd → Workshop at Yuba City, Emergency Preparedness (giving out free backpack with supplies for anyone participating).

Elaine Linn- At-Large Member

- Family Voices of California, free for families, skill building for families. Whole day conference on March 11th. Day at the Capitol and talk about family's experiences.

Christine Hickey- Sutter

- Library at Sutter County has display until March 10th. Stories of families in Northern California.

Nancy Esparza- At-Large Member

- Talked about wages, encouraging increase of 10%.

Brandy Boyd- Sacramento County At-Large Member

- Workability Advisory Committee.
- Sac City (Special Education), down two people and are behind on program.

Glenda Servantes- Yuba

- 2 mothers → IHSS → Social Security issues in Marysville, CA.
- One mother has a son who just turned 18 and the second mother's son turned 5.
- Need a family resource center in Yuba County. Warmline serves Yuba County.
- Mental health care for son, changed medicine, much better.
- Jason added comments on the regulations and generic resources.
- Joyce – special needs (Kaiser) → deal with Autism services and behavior treatment.

Karen Mulvary- El Dorado County

- Discussed housing solutions for people with developmental disabilities.
- Community meeting this Thursday (Feb 14th), El Dorado County Planners.
- More protected if you're a general student than special needs student.
- Attended the LPPC Meeting.
- DDS confirmed details of Person Centered Planning. Funded outside of the person's individual budget.
- Housing Framework, wrote ADU section, looking forward to it being revised.
- CalAble will have a pre-paid debit card available. See website for more information. www.Calable.ca.gov

5) Public Comment Period

This item is for members of the public only to provide comments and/or present information to the RAC on matters not on the agenda. Each person will be afforded up to three minutes to speak. Written requests, if any, will be considered first.

- Lisa Beauchamp- insurance not covering. Takes 3-4 months, has a non-profit organization called NICU Family Alliance. Planning meeting on February 19th (Tuesday) at Maidu Community Center, Placer County.

6) Alta California Regional Center update on services, Jason Lindo, ACRC

- February 19th meeting. Dental Clinic funding Sacramento community clinic→ May-July (opening including dental).
- Address: 965 El Camino Avenue, Sacramento, which is also four minutes away from regional center.

7) Statewide Self-Advocacy Network (SSAN) Report, Lisa Cooley (SA)

- No report.

8) Sacramento Region, Statewide Performance Highlights (17/18), Policy Priorities (19/20), Grant 39 Review, Grant 41 Summary, Sonya Bingaman (staff)

- Sonya talked about items in the packet. Reviewed Grant 39 deliverables. Developed video library- interviews/programs/services/experiences. Visit the YouTube channel. Animated resources for DD.

Grant -GetSafeUSA (Tustin)

- Received grants from local offices.
- Train the trainer (certified training). 16 hr. training for first responders to become POST certified in LD37 IDD.
- There are 3 self-advocate trainings and 2 family member trainings.

7) Approve 2019 Meeting Schedule and Agenda items for next meeting (4/16/19), Karen Mulvany (FA) (action)

Every member approved of the meeting dates. A change was also made to the date in June, the meeting is moved to June 4th, 2019. Donnell and Joyce were the first ones to approve the meeting dates. Information sharing session to be added after the official meeting time. Everyone agreed that an hour after the meeting will be helpful for any questions and further discussion. The time finalized was 9am to 3:30pm (Includes time to setup and cleanup).

8) Presentation by Jordan Lindsey, Executive Director, The ARC California

- The PR campaign (Traditional media used such as newspaper, radio etc.)
- Engaging communities and self-advocates/family advocates

- The Arc creating a group called CROWD Capitol Region Organizing Within Disability
- encouraged to create Twitter account and follow State Council for more updates
- Monday Morning email from The Arc
- Three events coming up: The Arc's Public Policy Conference on March 18th-19th, Theme: Intersections of Disability and Life
- March 6th- Assembly Budget Hearing, at the Capitol.
- April 3rd- Statewide Rally, at 10am. March begins at 10:30am, Rally is taking place at 11-12pm.

9) Group discussions on 1) Dental Services and 2) Abuse/neglect in day programs and the community.

10) Future presentation ideas:

- HCBS- Katherine Weston
- CalABLE
- DOR -Student Services TPP
- Self-Determination Program
- Person Centered Planning
- Nutrition

Presentation most likely on the following topics:

- CalABLE
- Self-Determination Program

11) Adjournment – Karen Mulvany (FA)

12:37pm

- Next Meeting on April 16th 10am-1pm
- Location: 3831 North Freeway Blvd Suite #125, Sacramento, CA 95834



Ensure that Californians with developmental disabilities are guaranteed the same full and equal opportunities for life, liberty, and the pursuit of happiness as all Americans.

March 12, 2019 State Council Meeting Summary

SIGNIFICANT ITEMS

- The Council is sponsoring two bills:
 - AB 1169 (Frazier) Employment, to create a \$6,000 tax credit to hire people with disabilities
 - AB 1019 (Frazier) Employment, to add SCDD and DOR to the Advisory Committee on Apprenticeships
- The Council considered 47 bills and took a position to support five:
 - AB 192 (Mathis), Housing, to use money coming out of closing the Developmental Centers to establish an Integrated Housing Fund
 - AB 261 (Mathis) Generic Supports, to repeal the prohibition on funding soc/rec/camp services
 - 365 (Garcia) Employment, to review the state LEAP employment program
 - AB 536 (Frazier) Health, to change the definition of IDD to a disability that begins before 22
 - SB 398 (Durazo) Health, make sure Disability Rights CA federal authority is in state law
- The Council increased spending because of additional federal funding:
 - Strategically expand the membership of the Employment First Committee
 - Allocate additional funds to the Cycle 42 Grant cycle
 - Modernize the SCDD website to focus on issues

SIGNIFICANT ITEMS cont

- DDS Rate Study Presentation
 - DDS provided an overview of the rate study methodology
 - Burns and Associates demonstrated the new rate approach with several examples
 - HSRI previewed the client and family meetings they will have in the community
- SCDD Projects of Excellence
 - Sacramento Regional Office: NICU Symposium
 - Los Angeles Regional Office: TIGER Training

STATE PLAN INFORMATION

- The 2017 PPR was submitted, and the 2018 PPR is in process to submit by March 22, 2019. Both PPR's were previously reviewed and approved by the Council.

SUMMARY OF COUNCIL ACTIONS

- Council approved Jan. 2019 minutes
- Council voted to approve legislative recommendations for support
- Council voted to approve the SCDD budget surplus and funding recommendations
- Council voted to approve the State Plan recommendations for Cycle 42 grant including the RFP package with \$450K in funding

FUTURE MEETING DATE

- May 21, 2019 – Crowne Plaza, Sacramento
10:00 a.m. - 4:00 p.m.



3831 N. Freeway Boulevard,
Suite 125
Sacramento, CA 95834
Phone: (916) 263-8192
Fax: (916) 263-7963
e-mail: council@scdd.ca.gov
webpage: www.scdd.ca.gov

**PROGRAM DEVELOPMENT GRANT (PDG) CYCLE 42
REQUEST FOR PROPOSALS
DUE June 3, 2019!**

One or more Program Development Grant
up to \$450,000

***Interested parties, please go to www.scdd.ca.gov/
for information and instructions on the PDG Cycle 42 Request for
Proposals and for more information on the SCDD State Plan Goals.***

Proposals must relate to one or more SCDD State Plan Goals:

- ***Goal 1: Self-Advocacy***
 - ***Goal 2: Employment***
 - ***Goal 3: Housing***
 - ***Goal 4: Health and Safety***
 - ***Goal 5: Early Intervention, Education, Transition & Post-Secondary Education***
 - ***Goal 6: Formal & Informal Community Supports***
-

SCDD DSS Sacramento Office

From: State Council on Developmental Disabilities <scdd@scdd-ca.ccsend.com> on behalf of
State Council on Developmental Disabilities <scdd@scdd.ca.gov>
Sent: Friday, March 29, 2019 1:36 PM
To: SCDD DSS Sacramento Office
Subject: Program Development Grant Cycle 42: Pre-bidders Conference Call



PROGRAM DEVELOPMENT GRANT (PDG) CYCLE 42 REQUEST FOR PROPOSALS DUE June 3, 2019!

**One or more Program Development Grant(s)
up to \$450,000**

Pre-bidders Conference Call

**Date: April 8, 2019
Time: 1:30 PM – 2:30 PM**

**Phone Number: 1-800-839-9416
Participant Code: 8610332**

**Please review the Request For Proposal (RFP) and all additional
materials prior to the conference call.**

Teleconference Locations:

San Diego Imperial Regional Office
8880 Rio San Diego Dr., Suite 250
San Diego, CA 92108-1634

Orange County Regional Office
2000 E. Fourth Street, Suite 115
Santa Ana, CA 92705

North State Regional Office
2300 Fair Street
Chico, CA 95928

North Valley Hills Regional Office
2529 March Lane, Suite 105
Stockton, CA 95207

Los Angeles Regional Office
411 N. Central Ave. Suite 620
Glendale, CA 91203-2020

Sequoia Regional Office
770 East Shaw Ave., Suite 123
Fresno, CA 93710

Bay Area Regional Office
1515 Clay Street, Suite 300
Oakland, CA 94612

Central Coast Regional Office
2580 North First Street, Suite 240
San Jose, CA 95131

San Bernardino Regional Office
685 E Carnegie Drive, Suite 125
San Bernardino, CA 92408

For more information, please refer to the State Council's website at
www.scdd.ca.gov/grantinformation.



Connect with us on Facebook

The State Council on Developmental Disabilities is on Facebook and we would enjoy connecting with you. Visit our page and give us a thumbs-up.
www.facebook.com/CalSCDD/



Capitol Region Organized Within Disability

A network of individuals, families, and organizations creating meaningful and powerful change for the Capitol region's disability community.

Announcing CROWD (Capitol Region Organized Within Disability) and our first general public meeting. We invite all interested persons to come and hear our vision for building a powerful disability community in the greater Sacramento area. You will also have an opportunity to present your top priorities and issues.

When: Tuesday, March 26 from 12:00 - 2:00 PM

Where: Warmline Family Resource Center, 2424 Castro Way, Sacramento, CA

For more information visit: www.capitolcrowd.org or call (916) 552-6619

What we want:

A society where people with disabilities are valued as fundamental participants of our community, economy, and government; including housing, employment, healthcare, education, transportation, and voting.

What we do:

- Mobilize and take action on local and statewide policies and issues that impact people with disabilities.
- Build relationships on trust, diversity, mutual respect, effective communication, and shared goals.
- Elevate the voice of people with disabilities.
- Strengthen and advocate for support structures, including families, schools, and service providers.
- Overcome racial and economic disparities in the disability community.

"Our Presence is Our Power"



Una red de individuos, familias y organizaciones que crean un cambio significativo y poderoso para la comunidad de discapacitados de la Región del Capitolio.

Anunciamos CROWD (Capitol Region Organized Within Disability) y nuestra primera reunión pública general. Invitamos a todas las personas interesadas a que vengan y escuchen nuestra visión para construir una poderosa comunidad de personas con discapacidad en el área de Sacramento. También tendrán la oportunidad de presentar sus principales problemas y prioridades.

Cuándo: martes, 26 de marzo de 12:00 - 2:00 PM

Dónde: Warmline Family Resource Center, 2424 Castro Way, Sacramento, CA

Para mas informacion visita: www.capitolcrowd.org o llama (916) 552-6619

Lo que queremos:

Una sociedad donde las personas con discapacidades sean valoradas como participantes fundamentales de nuestra comunidad, economía y gobierno; incluyendo vivienda, empleo, salud, educación, transporte y votación.

Lo que hacemos:

- Movilizar y tomar medidas en relación con las políticas locales y estatales y los problemas que afectan a las personas con discapacidades.
- Construir relaciones de confianza, diversidad, respeto mutuo, comunicación efectiva y objetivos compartidos.
- Elevar la voz de las personas con discapacidad.
- Fortalecer y abogar por las estructuras de apoyo, incluidas las familias, las escuelas y los proveedores de servicios.
- Superar las disparidades raciales y económicas en la comunidad de personas con discapacidad.

"Nuestra presencia es nuestro poder"

Article

People with disabilities lose as programs shrink or close in costly Bay Area



Catherine Ho March 18, 2019



Jackie Donovan (left) and exercise leader Ames Lefever ride a tandem recumbent bicycle as part of a workout program for people with disabilities. Groups providing such services say funding hasn't kept pace with the rising cost of living in the Bay Area. Photo: Paul Chinn / The Chronicle



State and federal funding hasn't matched rising rents or wages, the leaders of nonprofit organizations and for-profit business serving people with disabilities say. Photo: Paul Chinn / The Chronicle



3of5Some organizations serving people with disabilities have had to cut services or even merge to survive.Photo: Paul Chinn / The Chronicle

At its peak, the adult day program at Pathway to Choices in San Rafael hosted art, music and other behavioral therapy classes five times a week for 20 Marin County residents with intellectual and developmental disabilities like autism and Down syndrome.

But last fall, owner and CEO Juan Velasquez had to shut the program down because the \$15,000 a month in operating costs, mostly rent, became too much to sustain. It also got nearly impossible to find workers to staff the program for \$15 an hour when they could earn more at nearby fast-food or retail jobs, he said.

“The overhead was way too much,” Velasquez said. “Finding staff is so hard. Right now some of them have two jobs in order to pay rent.”

Velasquez’s East Bay firm still runs similar programs out of locations in Pinole and Sacramento, but the closure in San Rafael meant clients had to seek the services elsewhere — putting a strain on the few remaining day programs in the area.

Across the state, organizations like Velasquez’s that collectively serve about 334,000 Californians with disabilities — providing in-home care, behavioral and speech therapy, and job training — are struggling to keep their doors open to a population in need. Most such organizations, which include nonprofit and for-profit enterprises, get the vast majority of their funding from state and federal dollars. That funding, despite annual increases, has not kept up with the rising cost of doing business, especially in the pricey Bay Area, where housing costs and city-mandated minimum wages are among the highest in the country.

Between 2012 and 2017, the number of organizations providing these services fell each year for a cumulative drop-off of 14 percent, from nearly 50,000 to just under 43,000, according to the California Department of Developmental Services. The department funds 21 nonprofits known

as regional centers, which in turn contract with providers in their geographic area and set the rates at which providers get paid. Locally, the East Bay, Golden Gate, North Bay and San Andreas regional centers determine rates for providers.

This fiscal year, the department spent \$6.5 billion to fund regional centers. Advocacy groups representing regional centers and service providers are lobbying for an 8 percent rate increase, which would have to be allocated by the state Legislature and approved by the governor.

“Right now, with the cost of housing going up, we have many more providers deciding they can’t do business,” said Lisa Kleinbub, executive director of the Regional Center of the East Bay.

Anecdotally, dozens of Bay Area providers say their funding stream, which is made up of a patchwork of rates, stagnated or got slashed during the recession in 2009 and 2010. And while some of those cuts have since been restored, they say the rates have yet to catch up to the region’s astronomical increases in the cost of living.

Providers are paid different rates for different services: Respite care, which provides a temporary break to full-time caregivers, gets reimbursed at a different rate than day programs, for instance. Each provider negotiates its own rates confidentially with regional centers. It’s difficult to calculate how much those rates have changed overall compared with inflation. But one estimate found that between 2009 and 2019, the consumer price index rose 25 percent in the San Francisco, Oakland and Hayward region, while per-person spending in the developmental-disabilities system fell 14 percent, after adjusting for inflation, according to advocacy groups lobbying for more state funding for providers.

This has left an industry that serves one of the state’s most vulnerable and medically fragile populations struggling to pay workers a competitive wage, eliminating some longtime services like transportation, and grappling with how to position themselves for long-term survival. Nonprofit providers are turning more to fundraising from foundations and private donors to make ends meet, but for-profit service providers like Velasquez’s company don’t have that option.

Gatepath, a Redwood City nonprofit that runs preschool programs for children with developmental disabilities, last month merged with another nonprofit, Palo Alto’s Abilities United, in part to ensure that they’d both remain financially viable.

“With the rising tide of cost and no rate relief in sight, the need to merge or share more (resources) was very clear,” said Gatepath CEO Bryan Neider.

Alchemia, a nonprofit that holds art classes for people with disabilities in Marin and Sonoma counties, recently discontinued its daily shuttle service after eight years because it needed to

redirect the money to core services and staff, said Elizabeth Clary, the group's executive director.

Many providers got a rate increase in 2016, when the California Legislature passed a law requiring many regional centers to boost wages and benefits for staffers who spend at least 75 percent of their time working directly with recipients of care or training. That increase worked out to a roughly 5 to 15 percent increase in payments for many providers, but it wasn't enough to halt the exodus of workers leaving the demanding field for higher-paid entry-level jobs in the retail, fast-food and security sectors.

Because of a quirk in state law, providers don't get an automatic rate bump from the state when local minimum wage increases kick in — meaning they have to pay their workers more in order to follow city-mandated minimum wage laws, but don't get more money from the state to help them do so.

The 2016 rate bump "basically had no effect at all, because at the same time, the economy was booming and the job market was very hot," said Tom Heinz, executive director of East Bay Innovations, a San Leandro nonprofit that helps people with disabilities in Alameda County live independently and find jobs. "There's high turnover and a shortage of workers chronically, nationwide. But in the Bay Area we're getting skinned alive. We can't attract, find and retain staff quick enough."

The 2016 rate increase allowed Heinz to bump up some of his employees' wages from \$14 to \$16 an hour. Still, 115 of his workers left for higher-paying jobs over the course of the year — a 62 percent turnover rate. Heinz said he hasn't had to cancel any programs, but he doesn't have the capacity to take on new clients.

The number of people who need services, meanwhile, is growing each year, in part because more people are diagnosed on the autism spectrum and many who've been in the system for years need more care as they age.

"That's where the rub is right now," Heinz said. "We can't accept new referrals, and there's a huge demand of people who want these services."

"I've been doing this for 35 years, and it's one of the hardest times we've had," Heinz said. "We're placing people in jobs that are higher-paid than our staff is making. It is ironic."

Catherine Ho is a San Francisco Chronicle staff writer. Email: cho@sfchronicle.com Twitter: @Cat_Ho

San Francisco Chronicle

Proposed CA state bill aims to protect special needs students after El Dorado Hills death (SacBee)

BY SAWSAN MORRAR MARCH 25, 2019 04:16 PM

What supporters of Max Benson's family said after Guiding Hands decertification hearing

Supporters of Max Benson's family talk after Guiding Hands School's decertification was upheld by a Sacramento Superior Court judge on Friday, Jan. 25, 2019.

By

A state bill aimed at protecting special needs students at nonpublic schools was introduced Monday in response to the November 2018 death of a student who was restrained at his El Dorado Hills school.

Assemblyman Jim Frazier, D-Discovery Bay, authored AB 1172 to expand local and state oversight of all nonpublic schools and how they operate.

The Guiding Hands school is still [under investigation](#) following the death of a 13-year-old student with autism. Max Benson died after being [placed in a face-down restraint for one hour and 45 minutes](#) by school staff.

The California Department of Education [revoked the school's certification](#) just before it completed its investigation. The El Dorado County Sheriff's Office is still investigating and the school [closed](#) in January, claiming it couldn't financially survive after local school districts pulled most of their students out.

Nonpublic schools, like Guiding Hands, are generally private, nonreligious schools that contract with local school districts or the county office of education to serve students with special needs.

Frazier's bill would:

- Amend the California Education Code and allow the state to immediately suspend or revoke a nonpublic school's certification if the state finds that a student's health or safety has been compromised.
- Require nonpublic schools to report any incident involving law enforcement or child protective services to the state and its local educational agencies.
- Require local educational agencies to visit the school at least once a year, and mandate that a qualified behavior analyst be on-site.
- Require administrators to obtain a valid educational credential.

The state flagged Guiding Hands School for several violations, including failing to notify officials in writing of the circumstances surrounding Max's death, and violating multiple state rules in how, when and why it implements physical restraints on students. Guiding Hands operated the school with practices that "are harmful to the health, welfare, and safety of students with exceptional needs," according to a letter to the school.

"These schools serve the most vulnerable members of our society," read a press release from Frazier, chair of the Assembly Select Committee on Intellectual and Developmental Disabilities. "An investigation revealed this school routinely employed practices and procedures that were incorrect and exposed students to severe

harm. AB 1172 will help ensure that local education authorities and the state are able to more closely monitor these nonpublic schools and enable early intervention if problems develop.”

State Superintendent of Public Instruction Tony Thurmond sponsored the bill, calling for a need for greater clarity and additional statutory requirements in nonpublic schools.

“It would be an injustice to the families we serve if we did not do everything within our authority to ensure that students are placed in an environment where their safety is the number one priority of those who have been entrusted with their care,” Thurmond said in a statement.







This bill isn’t the first piece of legislation focused on special needs students and disability rights in recent months.

A [new law went into effect](#) at the start of 2019 that prohibits restraining and secluding students as discipline, or for convenience or retaliation. Assemblywoman Shirley Weber , D-San Diego, authored the bill and former Gov. Jerry Brown signed it months before Max died.

SCDD Handouts

College and Employment Resources for People with Intellectual and Developmental Disabilities

The Supported Life Institute, working under a Grant from The State Council on Developmental Disabilities – Sacramento Regional Office, completed four major projects in 2018. These booklets and videos are meant to inform individuals, family members, service providers, and community members about the transition process and supports in postsecondary education and employment. Please review these materials and share their links far and wide.

<p>Success In College Advice and Strategies from College Students and College Graduates who have Developmental Disabilities (18 page booklet)</p>	<p>www.scdd.ca.gov/sacramento or www.supportedlife.org</p> 
<p>Success In the Workplace Advice and Strategies from Professionals who have Developmental Disabilities (20 page booklet)</p>	<p>www.scdd.ca.gov/sacramento or www.supportedlife.org</p> 
<p>Animated video on Transition-aged students! Get information and inspiration for going to college (5 minute video)</p>	<p> YouTube</p> <p>Search: College Resources for Young Adults with Disabilities</p> 
<p>YouTube Channel called College Students and Professionals with Disabilities Project Many brief videos of individuals sharing their experiences in high school, college, employment, and accessing a variety of support services/agencies</p>	<p> YouTube</p> <p>Search: College Students and Professionals with Disabilities Project</p> 

If you have questions/comments, please contact us at 916-263-8134 sacramento@scdd.ca.gov



PERSON CENTERED PLANNING

The Build Your Plan TOOL: <https://futureplanning.thearc.org/landing>

Planning for the future is important for all families. You can't do it just once. It's an ongoing process. The Build Your Plan ® tool helps people with intellectual and developmental disabilities (I/DD) think about and plan for their future. The interests, preferences, and skills of the person with I/DD are the main focus. The tool guides you through important topics, including:

- Expressing wishes for the future in writing
- Deciding where to live and how much support is needed
- Paying for basic and other needs
- Getting a job and other daily activities
- Making daily and major life decisions
- Making friends and having good relationships

Click on Build Your Plan to get started. You can see your plan and make changes at any time.





14 Questions to Ask at Your Parent-Teacher Conference

To prepare for a parent-teacher conference, here are 14 questions to focus on the conversation and make the most of your time with your child's teacher.

1. What is my child expected to learn this year?
2. How will this be evaluated?
3. What are my child's strongest and weakest subjects?
4. What are some examples of these strengths and weaknesses?
5. Does my child hand homework in on time?
6. What types of tests and evaluations will my child have to take this year?
7. How are my child's test-taking skills?
8. Is my child participating in class discussions and activities?
9. How are my child's social skills?
10. Does my child seem happy at school?
11. Have you noticed any unusual behaviors?
12. Has my child missed any classes other than excused absences?
13. Do you think my child is reaching his or her potential?
14. What can I do at home to help support my child's academic progress?

By Reading Rockets, Understood Founding Partners

Events

NICU Parents and Professionals

Save the Date

Saturday, November 16, 2019

Keynote Speaker

NICU Neonatal Intensive Care Unit Symposium



9:00 a.m. – 2:00 p.m.
Maidu Community Center
1550 Maidu Drive | Roseville, CA 95661
Vendor Space & Sponsorship Opportunities Available
Contact: Lisa Beauchamp
Lisaenicufamilyalliance.org | 916.905.0838


NICU
FAMILY ALLIANCE

Improving the Care of NICU Families through Education, Collaboration and Advocacy.

Susan Hintz, MD, MS

Professor in Neonatal and Developmental Medicine
at Stanford University School of Medicine, Medical
Director of the Fetal and Pregnancy Health Program
at Lucile Packard Children's Hospital Stanford and
Co-Principal Investigator for the CPOCC CCS
High-Risk Infant Follow-Up Initiative.

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DAD-Vocates

(Formally Trailblazers Fathers' Forum)

Teaching dads the skills to advocate for services for their children with disabilities. We learn from each other about Special Education, ALTA California Regional Center, adult services, transitions, and other valuable topics dads need to know. This is a priceless opportunity for dads to learn!



We meet at 7pm on the LAST Tuesday of the month.

Location: Round Table Pizza

8822 Madison Ave

Fair Oaks CA 95628

(Madison & Hazel)

For more information please contact Raymond Hampson at
Raymond8690@yahoo.com

RSVPs are not needed. Drop-ins are very welcome.



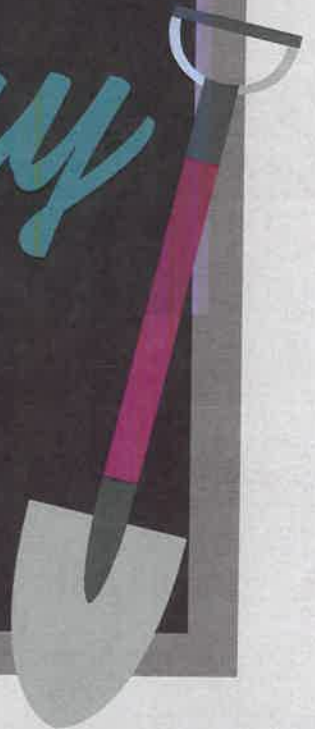
6TH ANNUAL



Garden Day



APRIL 30, 2019



- PLANT GIVEAWAYS
- COOKING DEMONSTRATION
- GARDENING TALK
- LOCAL RESOURCES

On the Agenda

- 10:30 a.m.** WELCOME
- 10:45 a.m.** GARDEN TOUR
- 11:15 a.m.** SEED PLANTING AND TRANSPLANT BASICS WORKSHOP
- 12:00 p.m.** TASTE OF THE GARDEN COOKING DEMONSTRATION
- 12:30 p.m.** CONCLUSION

For more information, please contact Dave Chappell at (916) 456-1980 ext. 7673 or garden@sacramentofoodbank.org.

Sacramento Food Bank & Family Services
Demonstration Garden
3308 Third Avenue
Sacramento, CA 95817
(916) 456-1980
www.sacramentofoodbank.org



Northern Valley Indian Health
Your Health. Our Mission.

PLEASE JOIN US FOR A
Community Health Fair!

Tuesday May 7th, 11:00am-2:00pm

NVIH, 175 W. Court Street, Woodland, CA 95695



Events and Activities:

- Free Health Screenings and Education
- Resources to Promote Healthy Lifestyles
- Raffles and Giveaways

We hope that you can join us!
All patients welcome!

If you have any questions or need additional information, please contact Bambi Eagle in the Outreach Department at 530.661.4400 ext 3494



COMMUNITY DIABETES
ACTION COUNCIL

www.NVIH.org



Save the Date!

Disability & Aging Capitol Action Day

When: May 23, 2019 at 10:00am

**Where: Cesar Chavez Plaza, Downtown
Sacramento, CA**

Join us on Thursday, May 23, 2019, from 10am-3pm in Sacramento to advance independence, freedom and equality for people with disabilities and older adults. The day includes a resource fair, educational rally, unity march and legislative visits.

**For more information, to register, or to sign up to be
a vendor at the Resource Fair, go to:**

<http://disabilityactioncoalition.org/>

10 Ground Rules for Meetings

1 Show up on time and come prepared

Be prompt in arriving to the meeting and in returning from breaks.
Be prepared to contribute to achieving the meeting goals.
Come to the meeting with a positive attitude.



2 Stay mentally and physically present

Be present, and don't attend to non-meeting business.
Listen attentively to others and don't interrupt or have side conversations.
Treat all meeting participants with the same respect you would want from them.

3 Contribute to meeting goals

Participate 100% by sharing ideas, asking questions, and contributing to discussions.
Share your unique perspectives and experience, and speak honestly.
If you state a problem or disagree with a proposal, try to offer a solution.

4 Let everyone participate

Share time so that all can participate.
Be patient when listening to others speak and do not interrupt them.
Respect each other's thinking and value everyone's contributions.



5 Listen with an open mind

Value the learning from different inputs, and listen to get smarter.
Stay open to new ways of doing things, and listen for the future to emerge.
You can respect another person's point of view without agreeing with them.

6 Think before speaking

Seek first to understand, then to be understood.
Avoid using idioms, three letter acronyms, and phrases that can be misunderstood.
It's OK to disagree, respectfully and openly, and without being disagreeable.

7 Stay on point and on time

Respect the groups' time and keep comments brief and to the point.
When a topic has been discussed fully, do not bring it back up.
Do not waste everyone's time by repeating what others have said.

8 Attack the problem, not the person

Respectfully challenge the idea, not the person.
Blame or judgment will get you further from a solution, not closer.
Honest and constructive discussions are necessary to get the best results.



9 Close decisions and identify action items

Make sure decisions are supported by the group, otherwise they won't be acted on.
Note pending issues and schedule follow up meetings as needed.
Identify actions based on decisions made, and follow up actions assigned to you.

10 Record outcomes and follow up

Record issues discussed, decisions made, and tasks assigned.
Share meeting reports with meeting participants.
Share meeting outcomes with other stakeholders that should be kept in the loop.

